

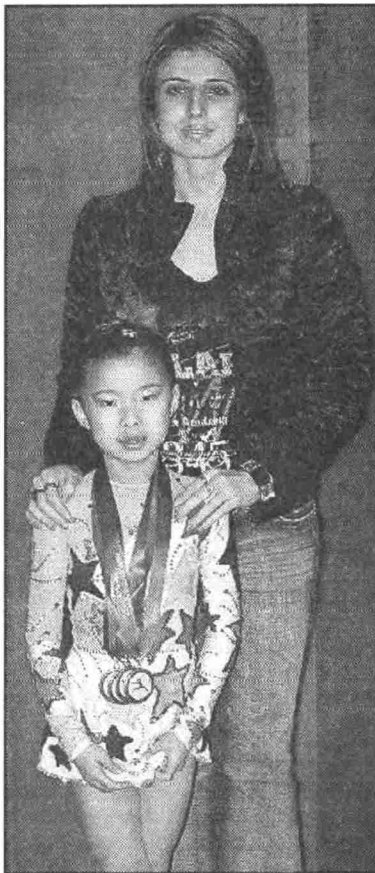
Canton gymnast overpowers New York competition

Canton resident Erica Wu and the New England Sports Academy's (NESAs) rhythmic gymnastics team dominated the competition during the Aviator Rhythmic Gymnastics Invitational, which took place in Brooklyn, New York of Jan. 19 and 20.

The NESAs team ranked tops among a talented field of competitors. Taking home the gold in the All Around were Erica Wu of Canton (Level 4) Regina Yu of Wayland (Level 5) and Hana Colwell of Franklin (Level 7).

For more information on NESAs and how to get involved in NESAs activities call 781-493-6345 or log onto <http://www.nesacademy.com>.

Rhythmic gymnastics is a sport in which single competitors, pairs, trios or more manipulate one or two apparatuses, including rope, hoop, ball, clubs and ribbon. It combines elements of ballet, gymnastics, theatrical dance, and apparatus manipulation. The victor is the participant who earns the most points, as awarded by a panel of judges, for leaps, balances, pivots, flexibility, apparatus handling, and artistic effect.



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Canton resident Erica Wu and gymnastics coach, Varduhi Nahapetyan.

